



Subject: Northlands Primary School Cross Country Event

Dear Parents and Guardians,

We are pleased to inform you that our annual Cross Country event will take place on **Friday, January 16, 2026**. This event is a valued part of our physical education program and provides students with an opportunity to celebrate physical activity in a positive, inclusive, and supportive environment.

To ensure that every student can participate comfortably and confidently, this event includes both **walking and running groups**. Students are encouraged to take part at a level that suits their individual fitness and ability. While medals will be awarded to top finishers and trophies presented to division winners, the primary focus of the day is **personal effort, enjoyment, and the promotion of walking and running as lifelong activities**, rather than competition or winning. Students may wear house color (Blue or Gold) accessories with their PE uniform- ie socks, ribbons, sweatbands, modest face paint.

Students have been preparing during physical education classes and are well ready to participate safely. Our main goal is to encourage healthy habits, build confidence, and foster a positive attitude toward physical activity that students can carry with them beyond their school years.

Families are warmly invited to attend and cheer from the sidelines. Your encouragement from outside the course is greatly appreciated and helps create a supportive community atmosphere.

**Parking Information:**

All visiting vehicles should park on the **school field**. No additional vehicles will be permitted in the car park, as this area forms part of the racecourse. If you have any questions, please feel free to email [kraymond@moed.bm](mailto:kraymond@moed.bm).

Thank you for your continued support of our students and our physical education program. We look forward to seeing you on **Friday, January 16th**, for a day focused on movement, enjoyment, and personal achievement. Please see the race schedule attached.

Kind regards,  
PE & Health Dept.  
Northlands Primary School

## **Northlands Primary Cross Country Race Schedule**

(times are approximate)

1:10 pm- P1 and P2 Girls Race

1:20 pm- P1 Boys Girls Race

1:30 pm- P2 Boys Race

1:40 pm- All walkers (P3-P6)

2:00 pm- Under 9 Girls Race (P3 and P4)

2:10 pm- Under 9 Boys Race (P3 and P4)

2:30 pm- Over 9 Girls Race (P5 and P6)

2:40 pm- Over 9 Boys Race (P5 and P6)

3:10 pm- Presentation of Awards

3:30 pm- Dismissal